April 14, 2020 / Thad Nations / Periods: 1, 5, & 8 / Athletic Training

Teacher/Team: Thad Nations

If there are any questions, please feel free to

email me at:

nationst@lpisd.org

Link to TEAMS Folder

Assignments are created and assigned through the TEAMs page for periods 1, 5, and 8.

This Lesson Plan covers assignments during the week of April 14th – April 17th

Objectives

Objective / I Can:

• Through many different resources I will learn various athletic training/ health and wellness/ prevention and care techniques that will allow me to be a better student trainer and individual during and outside of school.

Activities

Student Activities: https://www.youtube.com/watch?v=AHNmMeaEbEc

https://www.youtube.com/watch?v=X5RUFXZZBH4

Go to <u>Teams Folder</u>. Look for the assignment:

- 1. Watch the two linked videos "Intro to Anatomy" & "Anatomy Movements"
- 2. Answer the questions regarding each video (2 Assignments)

Academic/Instructional Support

Schedule: Your assignments will be uploaded once a week on the

TEAMS page

Office Hours Mon.-Fri. 8am to 12noon

Teacher Support –I will be available for direct support during my office hours. You may contact me on TEAMS daily until 4 P.M., any questions after 4 P.M. will be answered the following day

To Be Graded

Assignment for students to submit to TEAMS Folder:

1. Assignments will be graded once turned in

When is it due? The Monday following the end of the dated week by 8:00 am

What assignments will the student submit?

1. Questions

How will it be submitted?

Electronically, except by individual arrangement.