

LPHS CHATOS: Outreach Learning
Apr 14-17, 2020

CHATOS DANCE TEAM - Week of Apr 14-17, 2020

Teacher/Team: J Watson, Dance Dept.

If there are any questions, please feel free to email me at:

Link to [TEAMS Folder](#)
Previous Lessons:

Link to: *(Resources)*.

watsonj@lpisd.org

[CHATOS DANCE TEAM](#)

(How to Create a TIKTOK video)

<https://www.youtube.com/watch?v=iODI9D-T6jY>

(workout) Latin Cardio

https://www.youtube.com/watch?v=8DZktowZo_k

Objectives

Objective / I Can:

- I will choreograph a TIKTOK video incorporating the elements of dance.
- I will execute a stamina kicks using proper technique and placement.
- I will maintain a healthy body through an aerobic exercise workout.

Activities

Student Activities:

Go to [Teams Folder](#). Look for the assignment:

1. Reference the LINK for "How To choreograph a TIKTOK."
2. Create an original TIK TOK dance (or) 4-8counts of social dance with music.
3. Execute your Stamina Kick series.
4. Complete assigned workout. (Latin Cardio)

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Academic/Instructional Support

Schedule:

Teacher Support - TEAMS

(*Guidelines for how the teacher/team will support the student*
watsonj@lpisd.org

Office Hours

8:00am – 12:00pm; 1:00pm – 4:00pm weekdays

To Be Graded

Assignment for students to submit to TEAMS Folder:

1. Assigned Skills – TIKTOK choreography (or) 4-8counts of social dance– (video submission)
2. Stamina Kicks and Workout (video submissions)

When is it due? **Tuesday, Apr. 20th at 8:00am**

What assignments will the student submit?

1. TIKTOK (or) 4-8counts of social Choreography (video)
2. Stamina Kicks Documentation (video)
3. Aerobic Workout (Latin Cardio) Documentation (video)

How will it be submitted?

EMAIL watsonj@lpisd.org

Electronically, except by individual arrangement.