(*LPHS*) (*Girls soccer)* Outreach Learning
May 11-18

Assignments Week of *(May 11)*	
Teacher/Team: If there are any questions, please feel free to email me/us at: (*Email Address of the Teacher*	Period 1 Period 8
Link to TEAMS Folder Previous Lessons:	pruittc@lpisd.org
Link to: (*Resources*).	www.teambuldr.com

Objectives

Objective / I Can:
1. improve strength and coordination

Activities

Student Activities: (Resources, videos for students to use.)

Go to Teams Folder. Look for the assignment:

1. Teambuildr app

Academic/Instructional Support

Schedule: Office Hours	Teacher Support – TEAMS I am available by email. I will be on Teams from 8am to 12pm weekdays and actively monitoring until 4pm.

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To Be Graded
Assignments for students to submit to TEAMS Folder: Completion of exercises
When is it due? May 18, 8:00am What assignments will the student submit? 1. sprints 2. various squats and upper body movements How will it be submitted? Electronically, except by individual arrangement.