

April 20, 2020 / Thad Nations / Periods: 1, 5, & 8 / Athletic Training

Teacher/Team: Thad Nations

If there are any questions, please feel free to email me at:

nationst@lpisd.org

Link to [TEAMS Folder](#)

Assignments are created and assigned through the TEAMS page for periods 1, 5, and 8.

This Lesson Plan covers assignments during the week of April 20th – April 24th

Objectives

Objective / I Can:

- Through many different resources I will learn various athletic training/ health and wellness/ prevention and care techniques that will allow me to be a better student trainer and individual during and outside of school.

Activities

Student Activities: <https://www.youtube.com/watch?v=AHNmMeaEbEc>

<https://www.youtube.com/watch?v=X5RUFXZZBH4>

Go to [Teams Folder](#). Look for the assignment:

- Using the two linked videos “Intro to Anatomy” & “Anatomy Movements” as a reference/resource
- Open the planes coloring sheet. Directions: You will outline the bubble word in 1 color and color that plane or arrow that same color. Do this for all of the terms. Turn in when completed.
- When finished, complete the next worksheet

Academic/Instructional Support

Schedule: Your assignments will be uploaded once a week on the TEAMS page

Office Hours Mon.-Fri. 8am to 12noon

Teacher Support –I will be available for direct support during my office hours. You may contact me on TEAMS daily until 4 P.M., any questions after 4 P.M. will be answered the following day

To Be Graded

Assignment for students to submit to TEAMS Folder:

1. Assignments will be graded once turned in

When is it due? The Monday following the end of the dated week by 8:00 am

What assignments will the student submit?

1. Questions

How will it be submitted?

Electronically, except by individual arrangement.