

(LPHS) (Girls soccer) Outreach Learning
April 28-May 4

Assignments Week of (April 28)

Teacher/Team:

If there are any questions, please
feel free to email me/us at:

(Email Address of the Teacher)

[Period 1](#)

[Period 8](#)

Link to [TEAMS Folder](#)

pruittc@lpisd.org

Previous Lessons:

Link to: *(Resources)*.

www.teambuldr.com

Objectives

Objective / I Can:

1. improve strength and coordination

Activities

Student Activities: (Resources, videos for students to use.)

Go to [Teams Folder](#). Look for the assignment:

1. Teambuldr app

Academic/Instructional Support

Schedule:

Teacher Support – TEAMS

I am available by email. I will be on Teams from 8am to 12pm weekdays
and actively monitoring until 4pm.

Office Hours

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To Be Graded

Assignments for students to submit to TEAMS Folder:
Completion of exercises

When is it due? April 6, 8:00am

What assignments will the student submit?

1. sprints
2. various squats and upper body movements

How will it be submitted?

Electronically, except by individual arrangement.