

LPHS Cheer Outreach Learning
April 14th – April 17th

***Cheer* Week of April 14th – April 17th**

Teacher/Team: J Lee, Cheer

leeje@lpisd.org

If there are any questions, please
feel free to email me at:

[8th period cheer](#)

Link to teams folder

Previous Lessons:

Link to: (*Resources*).

Objectives

Objective / I Can:

- I will complete strength and conditioning workouts through the teambuildr app, provided by the LPHS athletic department.
- I will attend and complete a virtual/live cheerleading workout.

Activities

Student Activities:

Go to the Teams. Look for the assignment:

1. Complete daily workouts through the teambuildr app.
2. Attend the weekly virtual cheer class with University Cheer. Tuesday at 1:00 pm

Academic/Instructional Support

Schedule:

Teacher Support - TEAMS

Guidelines for how the teacher/team will support the student.

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Office Hours

8:00am – 12:00pm and weekdays

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To Be Graded

Assignment for students to be graded by participation:

1. Virtual cheerleading workout with University Cheer

Assignments to be turned in via the teambuildr app:

2. Daily workouts as assigned by the LPHS strength and conditioning program.

When is it due? **Monday, April 20th at 8:00am**

What assignments will the student submit?

1. Daily workout log

How will it be submitted?

teambuildr app

Electronically, except by individual arrangement.