

**(LPHS) (Girls soccer) Outreach Learning**  
**May 18-26**

**Assignments Week of (May 18)**

Teacher/Team:

If there are any questions, please  
feel free to email me/us at:

*(Email Address of the Teacher*

[Period 1](#)

[Period 8](#)

Link to [TEAMS Folder](#)

[pruittc@lpisd.org](mailto:pruittc@lpisd.org)

Previous Lessons:

Link to: *(Resources)*.

[www.teambuldr.com](http://www.teambuldr.com)

**Objectives**

Objective / I Can:

1. improve strength and coordination

**Activities**

Student Activities: (Resources, videos for students to use.)

Go to [Teams Folder](#). Look for the assignment:

1. Teambuldr app

**Academic/Instructional Support**

Schedule:

Teacher Support – TEAMS

I am available by email. I will be on Teams from 8am to 12pm weekdays  
and actively monitoring until 4pm.

Office Hours

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**To Be Graded**

Assignments for students to submit to TEAMS Folder:  
Completion of exercises

When is it due? May 26, 8:00am

What assignments will the student submit?

1. sprints
2. various squats and upper body movements

How will it be submitted?

Electronically, except by individual arrangement.