

## **Practice Log: Instrumental Practice**

For this week's grade, you will document your daily practice on your Practice Log. Upload completed assignment into your Class Teams folder. **180 minutes practice time = Grade of 100.** Any time over 180 will be given extra credit.

1. Practice your Fundamentals for minimum of 15 minutes per day:

(Use Practice Log to help organize fundamentals practice)

- Long Tones
  - Remington, Flow Studies, Two Note Drill (Vary Key signatures) etc.
- Flexibilities
  - Lip Slurs, Octave Slurs, Register Slurs, etc.
- Technique
  - Clarke Studies, Scales, Arpeggios, Articulation, etc.
- 2. Practice your Music for a minimum of 15 minutes per day:
  - Band Music
    - UIL music / Spring Concert Music
    - Use UIL pass off sheet to help organize Band music practice
  - Solo Music / Etudes / Smart music / Other Resources
    - See Teams folder for more resources
    - Be creative with finding new music to practice for your instrument!
- 3. By the end of the week, make sure you have documented your daily practice. Consistent daily practice is more beneficial. Work to establish a practice routine that works for you. Total practice time should be 30 minutes per day. 180 minutes per week. Any time over 180 will be given extra credit.
- 4. Upload your practice Logs into: TEAMS Files– Practice Log and use your last name as the title.
- 5. Following the directions will earn a 100 for one of the three daily grades this week. The assignment must be uploaded by 8:00 AM on Monday, 3/30. Completing the assignment will result in a 100 for the practice log weekly grade.

Email us your questions or post your question to TEAMS and we will help you in any way we can.

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