

**LPHS Cheer Outreach Learning**  
**March 25<sup>th</sup> - March 27<sup>th</sup>**

***Cheer* Week of March 25<sup>th</sup> – March 27<sup>th</sup>**

Teacher/Team: J Lee, Cheer

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If there are any questions, please  
feel free to email me at:

[8th period cheer](#)

Link to teams folder.

Previous Lessons:

Link to: (*Resources*).

## Objectives

Objective / I Can:

- I will complete strength and conditioning workouts through the teambuildr app, provided by the LPHS athletic department.
- I will create a Cheerleading dictionary using various computer resources and software programs.

## Activities

Student Activities:

Go to the Teams folder. Look for the assignment:

1. Complete daily workouts through the teambuildr app.
2. Begin creating the dance dictionary, turning in letters A-F. This will be submitted via email.

## Academic/Instructional Support

Schedule:

Teacher Support - TEAMS

*Guidelines for how the teacher/team will support the student.*

*leeje@lpisd.org*

Office Hours

*8:00am – 12:00pm and weekdays*

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**To Be Graded**

Assignment for students to submit via email:

1. Cheerleading dictionary pages A-F

Assignments to be turned in via the teambuildr app.

2. Daily workouts as assigned by the LPHS strength and conditioning program.

When is it due? **Monday, March 30<sup>th</sup> at 8:00am**

What assignments will the student submit?

1. Cheerleading dictionary pages A-F.
2. Daily workout log

How will it be submitted?

Email/ teambuildr app

Electronically, except by individual arrangement.