

LPHS Athletics – Softball Outreach Learning
April 20-24, 2020

Credit Recovery Week of (4/20-4/24/2020)

Teacher/Team:
If there are any
questions, please
feel free to email
me/us at:
upshawb@lpisd.org

<https://teams.microsoft.com/l/team/19%3a84d9e72c0e14a97a7d76656e77e13cb%40thread.tacv2/conversations?groupId=869c2466-a390-48aa-be1f-003ee938266b&tenantId=a071818d-dec3-4d05-b934-d92dde4c6afb>

Previous Lessons:

Link to:
(Resources).

Objectives

Objective / I Can:

- Complete strength and conditioning workouts using the website or app provided by LPHS athletics

Activities

Students will utilize the “Teambuildr” strength and conditioning website or app and keep a weekly log of their activities.

Academic/Instructional Support

Schedule:

Teacher Support - TEAMS

Office
Hours

Teacher is available via Remind to students on a continuous basis.

To Be Graded

Email your workout logs to me at upshawb@lpisd.org on Friday of each week.